

# QUEST

FITNESS



MON	TUES	WED	THURS	FRI	SAT	SUN
6:00 – 7:00am	6:00 – 7:00am	6:00 – 7:00am	6:00 – 7:00am	6:00 – 7:00am	8:00 – 9:00am	9:00 – 10:00am
7:00 – 8:00am	7:00 – 8:00am	7:00 – 8:00am	7:00 – 8:00am	7:00 – 8:00am	9:00 – 10:00am	
8:00 – 9:00am	8:00 – 9:00am	8:00 – 9:00am	8:00 – 9:00am	8:00 – 9:00am		
9:00 – 10:00am	9:00 – 10:00am	9:00 – 10:00am	9:00 – 10:00am	9:00 – 10:00am		
		4:30 – 5:30pm	4:30 – 5:30pm			

**\*EFFECTIVE JULY 3 UNTIL SEPTEMBER 4, 2023\***