

Every Massage or Facial Treatment includes a complimentary Member for a Day Pass to enjoy our facility, group fitness classes, sauna & steam rooms.

Sandals & robe are available upon request.

Massage Menu

Swedish Massage

A stress relieving treatment using therapeutic touch designed to improve circulation, leaving you feeling rejuvenated.

50 minutes - \$79 / 80 minutes - \$120

Deep Tissue Massage

A customizable treatment designed to target and relieve chronic muscle tension using pressure that penetrates deep into the muscle tissue.

50 minutes - \$99 / 80 minutes - \$155

Warm Stone Massage

Get warmed up with this calming stone treatment which incorporates both stone and therapeutic massage techniques to alleviate overall stress.

70 minutes - \$135

Pre-Natal Massage

Specifically designed for expectant mothers to help alleviate aches, pains and swelling often associated with pregnancy. This "Baby and Me" massage is a wonderful way to fill yourself with tranquility.

50 minutes - \$79

Facial Menu

• blu wave Signature Facial

Pamper yourself with this customizable esthetic treatment. Formulated to each client's specific needs, leaving the skin with a healthier complexion. Usng products from Skin Scripts, fall in love with the amazing aromas and healing properties of these fruit based professional products. Let your esthetician know of any focus areas you may have.

30 minutes - \$65 / 50 minutes - \$79

Rejuvenation Facial

Allow your skin to glow! Incorporates the use of Skin Script's natural enzyme peels, vitamin-infused serums, deep hydration masques and powerful ingredients like Glycolic, Retinol and Peptides. Improves natural contour and collagen stimulation with techniques including jade rollers and quartz to leave your skin feeling completely rejuvenated.

50 minutes - \$99

Ask about our Monthly Specials - Open to the Public!

Prices & plans are subject to change without notice. Please visit our website for detail on all policies and procedures.

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Microdermabrasion

This treatment may be mini but the benefits are enormous! Starting with a Citrus Green Tea cleanse of the skin to prep for exfoliation. Next, using a Diamond Tip Wand to polish over targeted areas such as scarring, discoloration and sun damage. Finishing with a hydrating vitamin-infused serum and moisturizer. Intended for clients wanting a targeted treatment.

25 minutes - \$50

Waxing

• Brow	\$20
• Lip	\$15
• Chin	\$15
• Full Face (includes brows)	\$45

Add-ons

 Aromatherapy 	\$10
Foot Scrub	\$15
Dermaplaning	\$20
Cupping	\$20
 Microdermabrasion 	\$25
added to any facial	

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